



Letter to Parents

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Date:14-11-2011

Dear Parents,

Over the next few weeks those of us in JR.KG. A-E will be learning about "Food". This unit is part of the early year's programme of the International Primary Curriculum. This new curriculum has been specially written for young children who are in schools out of their home country and sets out clearly what children should learn in four groups or "strands" – these are called "Independence and Interdependence", "Communicating", "Exploring", and "Healthy Living". The activities which have been planned will cover these strands in the following ways:

Independence and Interdependence

During this theme the children will be encouraged to take on different roles in different contexts when playing in the class. They will learn about diversity –not only in the types of food available, but also in the ways in which food is prepared for celebrations.

Communicating

The children will find themselves in situations where they will need to use language skills in a wide variety of contexts. We will share stories and rhymes and the children will learn about shapes and numbers when sorting food containers.

Exploring

The children will have the opportunity to discover how food changes (jelly, for example) and will find out where food comes from.

Healthy Living

Throughout this theme we will need to be aware of personal safety, for example when preparing food. We will also discuss the benefits of keeping healthy through a balanced diet. We will learn about food pyramid. We will **begin this theme on Tuesday, 15th November'2011**. We will be introducing children to various food groups. As always, I welcome any support or suggestions which you may have.

Look at the following websites for food games-

<http://www.sheppardsoftware.com/nutritionforkids/foodgroups.htm>

http://www.food.gov.uk/multimedia/flash/a_balanced_plate_intro.swf

Yours faithfully,

(abhadharam pal, smt.)

Principal

as/rm